



# Stacy L. Waneka, MD

## FAMILY MEDICINE

January 1, 2025

Dear Patient,

First and foremost, thank you for entrusting me with your healthcare journey. I value our relationship and am committed to providing you with personalized, high-quality care. To help you better understand my practice policies and services, I have outlined key details below.

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### Key Policies

- **Insurance Policy:**  
I do not accept or bill insurance (except Medicare). If you are a Medicare beneficiary, please review the **Supplemental Medicare Policy** for additional details.
  - **Communication:**  
For your convenience, I am available via email ([stacy@drwaneka.com](mailto:stacy@drwaneka.com)) or text (**310-270-3800**). I do not answer phone calls directly.
  - **Definition of Visits:**  
A “visit” includes any of the following:
    - In-person, home, or virtual consultations
    - Communication via email or text
    - Consultations with other providers on your behalf
    - Writing letters or completing medical forms
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### Fee Structure

1. **Monthly Fee (Medicare beneficiaries only):**
  - \$250 per person per month
  - Initial one-time setup fee: \$600 (inclusive of first month’s \$250 fee)
  - Visits billed to Medicare per contractual policy (no additional fees for visits).
2. **Per Visit Fee (non-Medicare beneficiaries):**
  - Initial consultation fee: \$600
  - Follow-up visits based on time:
    - 0–10 minutes: \$75
    - 11–20 minutes: \$150
    - 21–34 minutes: \$250
    - 35–49 minutes: \$375
    - 50–74 minutes: \$500
    - 75–104 minutes: \$650
    - 105–140 minutes: \$800
    - \$150 per additional 30 minutes thereafter
  - *A superbill can be provided upon request for submission to your insurance.*

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## Services Offered

My services have evolved to meet the diverse needs of my patients. These include:

- **Primary care:**

I offer holistic consultations that integrate lifestyle, history, and genetics. However, I recommend maintaining a primary care physician for comprehensive, ongoing care. My role is to complement your existing care as a consulting provider.

- **Psychopharmacology and mental health management:**

I am available to see patients for the sole purpose of prescribing for and treating mental health diagnoses including depression, anxiety, and PTSD. You would maintain your primary care physician, and, in this role, I would serve as a consulting provider.

- **Hormones and weight loss:**

While I consider these to be basic primary care, I am aware of how these issues have been neglected in medical care over the recent decade and aim to prioritize awareness and education and provide safe, comprehensive and patient centered options.

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## Additional Notes

- I recommend maintaining an insurance plan, as my services are designed to complement your existing coverage.
- For non-Medicare services, payment is due in full at the time of service unless otherwise discussed. I accept cash, check, Venmo (@swanekamd), Zelle (stacy@drwaneka.com), or credit card payments.
- All prices, schedules, and policies are subject to change. Your feedback and input are always welcome.

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## Acknowledgment

I have read and understand the financial policy and agree to abide by its terms.

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## Closing

Thank you for your trust and partnership in your healthcare. I look forward to continuing to provide you with exceptional care. Please feel free to reach out with any questions or concerns.

Warm regards,



**Dr. Stacy Waneka**

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Name of Patient

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Date

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Signature of Patient